

10 Lenz, K., Coderre, K., Watanabe, MD. 2009. Overview of Depression and its Management in Children and Adolescents. *Formulary*. 44(6):172-80.

Table 2: SSRI Dosing Recommendations for Pediatric Patients

Medication	Indication	Age	Recommended Dosing
Fluoxetine	MDD	8-18 years	10-20mg/d
	OCD	7-17 years (above-average weight)	Initiate at 10mg/d; after 2 weeks may increase to 20mg/d; dose range, 20-60mg/d
		7-17 years (lower weight)	Initiate at 10mg/d; may increase dose after several weeks; dose range 20-30mg/d
Sertraline	OCD	6-12 years	Initiate at 25mg once/day; may increase at weekly intervals to maximum dose of 200mg/d
		13-17 years	Initiate at 50mg once/day; may increase at weekly intervals to maximum dose of 200mg/d
Citalopram*	MDD	7-17 years	Initiate at 20mg/d; increase as needed to maximum dose of 40mg/d
Paroxetine*	MDD	12-18 years	Initiate at 20mg/d; increase as needed to maximum dose of 40mg/d
Escitalopram	MDD	12-17 years	Initiate at 10mg/d; may increase after $\geq 3/52$ to 20mg/d
Fluvoxamine	OCD	8-11 years	Initiate at 25mg once/d at bedtime, may increase by 25mg/day every 4-7 days to max dose of 200mg/day
		12-17 years	Initiate at 25mg once/d at bedtime; may increase by 25mg/d every 4-7 days to max dose of 300mg/day

*Citalopram and paroxetine not approved by FDA for any treatment indication in children; dosing recommendations are based on clinical trial information.